

ANTENATAL PREPARATION

We would love to see you at our informal antenatal sessions on birth, feeding and early days with baby. Feel free to bring your birth partner, friend or supporter with you to the groups.

Activebirth

This is a session to discuss birthing.

Tour

There is a virtual tour on the website: <http://www.gloshospitals.nhs.uk/en/Wards-and-Departments/Maternity-Wards/> or book via antenatal clinic 03004 22 6103.

Feeding and early days

This session has an emphasis on breast feeding and early days with your baby.

How to book:

- 1) Choose the dates you would like to book. Please try to book the same set of classes so that group stays together.
- 2) Phone the relevant Children's Centre to book.

Brockworth Children Centre, Moorfield Road, Brockworth. GL3 4JL.	1 st and 2 nd Monday of each month. Two week course.	11.00 – 12.30 AM	01452 863617
Compass Centre, Coney Hill Road, Coney Hill. GL4 4NA.	3 rd and 4 th Mondays of alternate months. Two week course. Even months. E.g. Feb, April, etc.	3.00 – 4.30 PM	01452 522738
Beacon Children's Centre, Valley Gardens. GL2 2AR.	1 st and 2 nd Friday of the month.	2.30 – 4.30 PM	03004 225128

NB Subject to change round Bank Holiday period.

Looking forward to seeing you

Gloucester City Midwives.